

**Suggested Letter for Patients
to Write to
Members of the House of Delegates and State Senate**

(Date)

(Senator/Delegate)

(Address)

Dear (Senator/Delegate):

My name is (patient's name) and I am from (patient's hometown). I am writing you to let you know of my concerns with the cost of health care. I was recently referred to out patient physical therapy at (PT practice) and found out my co-pay for each visit is (co-pay amount). This means for a normal week of physical therapy I will have to pay (cost of 2-3 visits depending on patient's plan of care). Due to the cost of my co-pays, it will be difficult for me to afford attending physical therapy at the recommended frequency of my doctor and therapist.

I am asking you to support HB 4426, a bill that requires the insurance company to keep co-pay amounts reasonable and not be any higher than a physician office visit co-pay amount. As you know, PT services can be one to three times a week for a limited number of weeks. This gets to be expensive when the patient has to pay as much as \$75 for each office visit. Kentucky has recently passed a law reducing co-pays for services such as physical therapy (Senate Bill 112, signed into law on March 16, 2011).

Thank you very much for helping me afford the health care I need.

Sincerely,

(Have pt sign here)