“Monday Morning Management Of Neck Pain”

Chad Cook PhD, PT, MBA, FAAOMPT
Division of Physical Therapy
Duke Clinical Research Institute
Duke University

April 21st – 23rd, 2017
Stonewall Resort
Roanoke, WV

12 Hour CE Course*

WV Approval Number: WVPTA-F17-01
PA Board Approval: WVPTA is a pre-approved provider per Section 40.67 of the Pennsylvania Regulations
MD Board Approval: WVPTA is a pre-approved provider as a Component member of the APTA
Course Description

Examination and treatment of the neck is challenging. Although highly prevalent, less emphasis is placed on research of the neck and lesser understanding is known with respect to prognosis and best treatment options for clinical practice guideline recommendations. Conservative management of neck pain should always be considered the first option for patients but there are rare occasions when “no care” or “surgery” are better selections. This course breaks down the different types of neck pain, best examination and treatment choices, and the role of management of the patient throughout the health system.

Speaker Biography

Chad Cook, PT, PhD, MBA, FAAOMPT is the program director and a professor at Doctor of Physical Therapy division in Duke University. His passions include refining and improving the patient examination process and validating tools used in day-to-day physical therapist practice. He received his BS in Physical Therapy from Maryville University in 1990 and his MBA (1999) and PhD (2003) from Texas Tech University. Dr. Cook received fellowship status at the American Academy of Orthopedic Manual Therapy in 2006. Dr. Cook has published over 200 peer reviewed papers and has two textbooks in their 2nd edition and a third textbook in its first edition. His work has been cited over 4000 times and he has presented over 180 clinical workshops on six continents and 16 countries. He is a senior associate editor for the British Journal of Sports Medicine and a special topics editor for JOSPT. Dr. Cook has won numerous awards locally at Duke for teaching, is a recent winner of the top educator award for the American Physical Therapy Association (Baethke-Carlin award), is the 2008 recipient of the Helen Bradley career achievement award, and is the 2005 winner of the J Warren Perry Distinguished Authorship Award. In addition, Dr. Cook is also the 2011 winner and was the 2012 and 2013 co-winner of the AAOMPT Excellence in Research Award. Dr. Cook is also the Pauline Cerasoli lecturer in 2017.

Conference Learning Objectives

- Recognize the prevalence, costs, and global disability associated with neck pain.
- Review pertinent anatomy and physiological aspects of the neck.
- Understand selected prognostic factors associated with recovery from neck pain.
- Compare and contrast the role of the physical therapy in conservative management of neck pain.
- Utilize the examination sequence and evaluate the critical elements of each stage of examination.
- Analyze the value of imaging and critique the pros and cons of implementation.
- Evaluate present classification of pain models for the neck.
- Compare and contrast treatment mechanisms for the neck.
- Understand the role of the first point provider and how downstream costs and visits are influenced by the first health practitioner seen.
- Perform a mock examination and treatment using case based examples.
Conference Schedule

Friday, April 21, 2017

10:00-11:00 Golf Scramble Registration Table Opens
GOLF CLUBHOUSE

11:00 – 4:00 WVPTA Annual Golf Scramble
STONEWALL RESORT
PALMER GOLF COURSE

12:00 – 10:00 Exhibitor Set-Up

4:00 – 6:00 Committee Meetings (optional)

5:00 – 8:00 Dinner in Stillwater's Restaurant
Reservations suggested - call 304-269-8880

6:00-8:00 Board of Directors Dinner and Meeting
MAPLE ROOM

8:00-10:00 Welcome Reception- Wine Tasting & Prizes
Cash Bar Also Available
BALLROOM 1

Saturday, April 22, 2017

6:00-7:00 Group Hike
Join fellow friends and family of the association for a morning hike through the state park
MEET IN LOBBY

7:00-7:30 Exhibitor Set-up
FOYER/BIRCH ROOM

7:30-6:00 Exhibits Open
FOYER/BIRCH ROOM

7:00-7:45 Registration/Continental Breakfast
FOYER

WVATA President Q&A
Drew Mason, ATC
BALLROOM 2

8:00-4:15 Silent Auction Open
BIRCH ROOM

7:45-8:00 Welcome and Introduction
Carrie Abraham, PT, DPT, MPH - WVPTA President
BALLROOM 2

8:00–9:30 Programming (1.5 CEU)
BALLROOM 2

9:30–10:00 Break/Visit Exhibitors
FOYER/BIRCH ROOM

10:00-12:00 Programming (2.0 CEU)
BALLROOM 2

12:00–2:00 WVPTA Annual Meeting Luncheon
(Lunch is included in conference registration fee)
State of the Association Address
Carrie Abraham, PT, DPT, MPH
WVPTA Committee Reports
WVPTA Committee Chairs
BALLROOM 1
APTA Update from National Representative for WVPTA
Sue Whitney, DPT, PhD, NCS, ATC, FAPT

WVPTA Awards and Recognition
2016 Physical Therapist Assistant Excellence Award
WVPTA 2017 Election Results

Platform Presentations (.5 CEU)
- The Ability of a Novice Operator to Use Ultrasound Imaging to Identify the Presence and Position of an In-Situ Fine Filament, Round tip Needle Used in Dry Needling by James Dauber, Stephen Faria, Levi Kerby and Tyler Shamblin
- Predictor Variables for Doctor of Physical Therapy Student Success at a Private Catholic University in West Virginia by Kristine Grubler, Craig Ruby, Allen Marangoni, Brian Standiford, Jordan Ramsay, Megan Leever, Kyle Updyke, Jeff Backstrom, and Marcus Johnson

2:00-3:30 Programming (1.5 CEU) BALLROOM 2
3:30-4:00 Break/Visit Exhibitors FOYER/BIRCHROOM
4:00-5:30 Programming (1.5 CEU) BALLROOM 2
6:00-8:00 Dinner on your own time. Cost included in hotel registration. Stillwater's Restaurant is open from 5:00-10:00 pm. Call 304-269-8880 to make reservations for dinner.
8:00-9:00 2nd Annual “PT on Tap” OUTSIDE FIRE PIT
Join your fellow physical therapists’ to discuss and collaborate on clinical practice and research ideas!
Cash Bar Available

Sunday, April 23, 2017

7:00–8:00 Continental Breakfast FOYER
7:00-12:00 Exhibits Open
7:00-8:00 Roundtable Discussions (1 CEU) BALLROOM 2
Reimbursement, State Legislative Issues, Federal Legislative Issues, Membership & Social Media
8:00–10:00 Programming (2 CEUs) BALLROOM 2
10:00–11:00 Poster Presentations/Break BALLROOM 1
11:00–1:00 Programming (2 CEUs) BALLROOM 2
1:00–2:00 Residency, Fellowship and Specialization (1 CEU) BALLROOM 1
Tamara Gravano, DPT, GCS, CEEAA

PTA SIG Business Meeting OAK ROOM
Bryanna Ordiway, PTA

2:00 - 3:00 Board & Education Committee STILLWATER’S
Post Conference Evaluation
Sixth Annual Peer Reviewed Poster Presentations on Sunday, April 23, 2017

We are pleased to announce the sixth annual peer reviewed Physical Therapy Poster Presentation for the state of West Virginia. WVPTA is pleased to provide this poster and research opportunity for faculty, students and clinicians and hope that we can broaden our knowledge through continued research and education.

The posters will be on display Sunday morning during the conference from 10:00 am – 11:00 am. The presenters will be available during this time at their poster for Q&A/discussion.

Prizes
Hourly prizes will be given away throughout the lectures, as well as large grand finale prize drawings at the conclusion of the conference on Sunday. Prizes include: ski resort packages, restaurant gift cards, an HD Flat screen TV, and much more!

Conference Location
The Stonewall Resort in Roanoke, WV is located just 2 miles off Interstate 79 at exit 91 and is accessible from all major metropolitan areas within a 4-hour driving radius. Stonewall Resort is a little over one hour north of Charleston, WV and 2 hours south of Pittsburgh, PA. By car take the Roanoke exit (91) from I-79 and follow the signs to Stonewall Resort. Go to www.stonewallresort.com and click on driving directions for more detailed information.

Lodging Reservations
There are a limited number of rooms being held at the Stonewall Resort at $210 single occupancy and $145 per person, double occupancy, for two attendees. This rate includes dinner in Stillwater's Restaurant, breakfast in the lecture hall, plated, sit down lunch in the banquet hall, and refreshments during all breaks throughout the course of the day. (If the conference attendee is sharing the room with a spouse/guest who is not attending the conference, there is a $20.00 discount per night.) Onsite parking, in-park shuttle service, high speed internet access and WIFI, use of fitness equipment, indoor/outdoor pool, sauna, steam room, paddle boats, canoes, kayaks, excursion boat, mountain bikes, basic fishing equipment and many other amenities are included in a standard $8.00 resort fee.

Please call the in-house reservations department at 304-269-7400 to make your room reservation. In order to ensure the contracted room rates at the time of the call, attendees must identify themselves as being part of West Virginia Physical Therapy Association. Reservations should be made no later than March 22, 2017. Individuals will need to provide a credit card upon check in.

GOLF: WVPTA will host a Golf Scramble on Friday, April 21, 2017. Everyone is welcome to participate. Please visit the WVPTA website (http://wvpta.org/events/#golf-scramble).
3 Easy Ways to Register:
1. Fax this form to the State Chapter office - 304-733-6486
2. Website: www.wvpta.org (click Registration Form)
3. Mail this form and check (make checks payable to WVPTA) to the WVPTA (see mailing address below)

For more information contact Johnna Gaunch at johnna@walkerandstevens.com (or 304-733-6484 or toll free 1-844-490-2568)

NAME
PRACTICE/COMPANY NAME
ADDRESS
CITY
STATE
ZIP
WORK PHONE
HOME/CELL PHONE
EMAIL ADDRESS*

Will you be joining us for the WVPTA General Membership Luncheon? (Included in conference registration fee) □ Yes □ No Please check if you would like a vegetarian lunch □

*You will be notified via email with your handout access login information

The WVPTA is happy to offer a discounted rate to groups that register 5 or more people for the WVPTA Annual Conference from a common business. There’s a 5% discount if you register 5 people, 10% discount if you register 10 people, and 15% discount if you register 15 people or more.

*Contact the WVPTA Chapter office directly at 304-733-6484 or info@wvpta.org to register your group.

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<th>WVPTA/APTA MEMBER</th>
<th>NON-MEMBER</th>
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Mark all that apply: □ PT □ PTA □ Student APTA/WVPTA Membership Number __________

Total Amount Enclosed $_______________

Cancellation Policy: Cancellations received by Friday, April 14th 2017 will receive full refund of the registration fee. No refunds after April 14th, 2017.

WVPTA GOING GREEN
In a continuing effort to go green, course materials will be available to registrants on the website prior to and after the course. You will receive information about accessing the course materials once you have registered. Course handouts will NOT be provided onsite. The location has available Wi-Fi if you would like to utilize your electronic devices to view the handouts during the course or please print the materials prior to arrival.